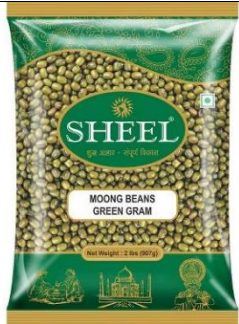


Most Needed Foods

Note: *Stores listed are suggestions only; items may be available at other retailers.

Food item	Where to buy*	Image
Royal Basmati Rice	Sam's Club Woodman's Wal-Mart Costco	
Sadaf Red Lentil Beans, Kosher	Walmart (online)	
Rani red kidney beans (dark), 128 oz (8 lb / 3.63 kg) all natural; vegan; gluten-friendly; non-GMO; kosher	Walmart (online)	
Tomato paste (canned)	Walmart, Aisle A10	
Great Value Vegetable Oil, Heart Healthy and Versatile, 48 fl oz Bottle	Walmart, Aisle A17	
Barilla Classic Non-GMO, Kosher Certified	Walmart, Aisle A10	
Lipton Yellow Label Black Tea	Woodman's Walmart	

Loose-leaf black tea: Kericho Gold, 500 g (blend of Kenyas finest teas)	Walmart, or Aldi	
King Arthur Baking Company All Purpose Unbleached Flour, Non-GMO Project Verified, Kosher, No Preservatives	Woodman's Walmart	
Great Value All-Purpose Enriched Flour	Walmart	
King Arthur Baking Company Non-GMO Project Verified, Certified Kosher 100% Whole Grain Whole Wheat Flour	Woodman's Walmart	
Moong Beans / Green Gram - 64 oz. - 4 Lb (1.8 Kg) - Sheel Brand - Vegan	Target	
Sugar	Any store	